

Raised Bed Garden



Description:

Raised garden beds are a system of boxes (usually constructed of wood) that house soil and plant life. The boxes can either be laid on the ground above the earth soil or suspended on legs. There are various benefits to growing plant life in a raised bed. Raised beds reduce the amount of bending and kneeling of the gardener while tending to vegetables. Tilling soil is eliminated because the boxes are filled with the soil/compost of the gardener's choice. Vegetation being grown in the boxes can be lifted from the ground as far as three feet. This elevation keeps the crops safe from weed infestation, ground-dwelling animals and human foot traffic and damage. Because the soil is contained within walls, there is very little nutrient runoff from wind and rain.

Budget

Materials:

Labor:

Total:

Eco-Luxe

\$644

20 minutes

\$644 + 3 hours

DIY

\$153

10 hours

\$153 + 10 hours

Why This Matters

Growing plant life in man-made boxes gives the gardener the option of producing plant life in environments not readily viable due to existing soil conditions or landscape obstacles.

What Can I Do?

There are various online resources that can direct individuals in how to construct a wooden box and the proper maintenance of said boxes.